

## Monthly Snack Calendar

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1.	<p><u>Morning:</u> Apples/Yogurt Juice</p> <p><u>Afternoon:</u> Crackers/Celery Carrots Water</p>	<p><u>Morning:</u> Crackers/Cheese Juice</p> <p><u>Afternoon:</u> Grapes/Rice Cakes/Water</p>	<p><u>Morning:</u> Oranges/Mini Muffin/Juice</p> <p><u>Afternoon:</u> Cucumber/Mini Croissant/Water</p>	<p><u>Morning:</u> Apple Sauce/Graham Crackers/Juice</p> <p><u>Afternoon:</u> Banana Bread Water</p>	<p><u>Morning:</u> Tortilla Chips /Salsa/Juice</p> <p><u>Afternoon:</u> Fruit-to-Go Carrots/Water</p>
2.	<p><u>Morning:</u> Meat/Cheese/ Crackers/Juice</p> <p><u>Afternoon:</u> Oranges/ Animal Crackers/ Water</p>	<p><u>Morning:</u> Mini Muffins/ Apple Sauce/ Juice</p> <p><u>Afternoon:</u> Yogurt/ Carrots/ Water</p>	<p><u>Morning:</u> Cantaloupe/ Rice Cakes/ Juice</p> <p><u>Afternoon:</u> Grapes/ Cheese Water</p>	<p><u>Morning:</u> Mini Croissants/ Oranges/ Juice</p> <p><u>Afternoon:</u> Fruit Salad Water</p>	<p><u>Mornings:</u> Banana and Strawberries/ Juice</p> <p><u>Afternoon:</u> Honey Dew Melon/Yogurt Water</p>
3.	<p><u>Morning:</u> Apples/ Graham Crackers/ Juice</p> <p><u>Afternoon:</u> Raisins/ Carrots Celery/ Water</p>	<p><u>Morning:</u> Tortilla Chips/ Cheese/ Juice</p> <p><u>Afternoon:</u> Oranges/ Crackers/Water</p>	<p><u>Morning:</u> Yogurt/ Grapes Juice</p> <p><u>Afternoon:</u> Muffins/Water</p>	<p><u>Morning:</u> Assorted Melon/ Animal Crackers/Juice</p> <p><u>Afternoon:</u> Pita Chips/ Salsa/ Water</p>	<p><u>Morning:</u> Mini Bagels with Cream Cheese/ Juice</p> <p><u>Afternoon:</u> Apple Sauce AnimalCrackers Water</p>
4.	<p><u>Morning:</u> Oranges Yogurt/Juice</p> <p><u>Afternoon:</u> Cheerio's/Milk Water</p>	<p><u>Morning:</u> Banana Bread Juice</p> <p><u>Afternoon:</u> Celery / Cream Cheese/ Raisins Water</p>	<p><u>Morning:</u> Cucumber/ Crackers/Cheese Juice</p> <p><u>Afternoon:</u> Fruit-to-Go/ Apples/ Water</p>	<p><u>Morning:</u> Mini Croissants Raisins/ Water</p> <p><u>Afternoon:</u> Fruit Salad/ Water</p>	<p><u>Morning:</u> Pears/ Pita Juice</p> <p><u>Afternoon:</u> Carrots/Grapes Crackers/Water</p>

- Cornerstone Montessori Academy will diligently check labels of food items served to ensure peanut products are not served. It is difficult however to guarantee that a product or factory has not had any cross contamination. Therefore, if your child has an allergy please speak to the Principal regarding food intake *prior* to any snack being provided.
- Cornerstone Montessori Academy may substitute a food item listed with a nutritional food of the same nature, depending on availability. This is also to be used as a guide as to the types of snacks we will be serving. Some days may change without notice.